

GOAL SETTING

Learn from influencers and experts. Sharpen your knowledge. Gain and share new ideas and best practices. Learn about the latest techniques and insights.



About The Course

Goal setting has been proven to be a more effective method of achieving targets as opposed to aspirations. In order to be able to achieve your lifetime goals, it is important to set them effectively.

This course is for every individual that is interested in learning how to set effective goals and achieve them. The course focuses on types of goals and the DNA of goal setting and habits to achieve them.

Course Outline

- Understand the meaning and importance of 'Goal Setting'.
- Explain the psychology of Goal Setting.
- Initiate the Goal Setting process.
- Discuss the crucial difference between aspirations and goals.
- Plan personal and professional goals.

Who Should Attend

For team leaders and line managers who have a responsibility for managing the performance or their direct reports.

Course Methodology

'MicroLearningLabs' are run in-house and last 90-120 minutes. These workshops are conducted online or face to face using experiential learning techniques that keep participants engaged.

For Customizations and Inquiries Contact Us



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